



Sacred Depths

COACH CERTIFICATION

Coaching Session Self-Assessment

Name of Client: _____

Session Date: _____

What did I do really well in the coaching session?

What didn't work or go as well as I would have liked?

What is my intuition telling me about this client? What patterns/themes am I seeing between this client session and previous ones?

What questions could I have asked? What are some questions I could have asked differently?

What do I want to work on skills-wise, or shift inside myself for my next session with this client?